

High Intensity Treatment Services Overview

What are High Intensity Treatment (HIT) Services

1. HIT services are high intensity, community based programs designed to:
 - ❖ Be a step-down option for higher risk members discharging from inpatient services
 - ❖ Offer additional support for members struggling in routine outpatient services
2. These services include: **partial hospital program (PHP), intensive outpatient programs (IOP), high fidelity wraparound services, assertive community treatment (ACT), multi-systemic treatment (MST), functional family therapy (FFT), respite and case management**



Why are these services important?

- ❖ HIT services can fill a service gap for high risk or complex members
- ❖ They offer more intensive services to help keep members out of higher levels of care
- ❖ They provide the member with additional community supports, including care coordination



Authorizations for HIT services

- ❖ FFT, community based wraparound services and case management do not require prior authorization.
- ❖ PHP, IOP, ACT, MST and respite do require prior authorization.
 - ❖ In-network providers can submit authorization requests for these services via the ProviderConnect portal.
 - ❖ Out-of-network providers will need to complete the SCA request form.
 - ❖ Treatment plans should be attached to the request for continued stay reviews.
- ❖ Turn-around time for these service requests are 10 calendar days.



What is care coordination and how is it involved

- ❖ Care coordination is a Medicaid benefit designed to help members connect to community resources and service providers and to help meet more immediate needs (food, transportation, housing, etc)
 - ❖ It can help pull all providers together to help ensure members are getting the treatment they need.
 - ❖ It can also help members navigate more complex systems of care, including waivers, long-term services and EPSDT benefits.
- ❖ Care coordination can work with members receiving HIT services to ensure treatment needs are met and an appropriate step-down plan is in place



How do you refer a member for care coordination

- ❖ Members can be referred for care coordination by contacting their RAE and requesting care coordination services.

Northeast Health Partners: 888-502-4186

Health Colorado: 888-502-4190

- ❖ Referrals can come directly from members or from a current provider.



Questions??

Thank you!

