What are High Intensity Treatment (HIT) Services

1. HIT services are high intensity, community based programs designed to:
   - Be a step-down option for higher risk members discharging from inpatient services
   - Offer additional support for members struggling in routine outpatient services

2. These services include: partial hospital program (PHP), intensive outpatient programs (IOP), high fidelity wraparound services, assertive community treatment (ACT), multi-systemic treatment (MST), functional family therapy (FFT), respite and case management
Why are these services important?

- HIT services can fill a service gap for high risk or complex members
- They offer more intensive services to help keep members out of higher levels of care
- They provide the member with additional community supports, including care coordination
Authorizations for HIT services

- FFT, community based wraparound services and case management do not require prior authorization.
- PHP, IOP, ACT, MST and respite do require prior authorization.
  - In-network providers can submit authorization requests for these services via the ProviderConnect portal.
  - Out-of-network providers will need to complete the SCA request form.
  - Treatment plans should be attached to the request for continued stay reviews.
- Turn-around time for these service requests are 10 calendar days.
Care coordination is a Medicaid benefit designed to help members connect to community resources and service providers and to help meet more immediate needs (food, transportation, housing, etc).

- It can help pull all providers together to help ensure members are getting the treatment they need.
- It can also help members navigate more complex systems of care, including waivers, long-term services and EPSDT benefits.

Care coordination can work with members receiving HIT services to ensure treatment needs are met and an appropriate step-down plan is in place.
How do you refer a member for care coordination

- Members can be referred for care coordination by contacting their RAE and requesting care coordination services.
  
  Northeast Health Partners: 888-502-4186
  Health Colorado: 888-502-4190

- Referrals can come directly from members or from a current provider.
Thank you!

Questions??