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December Provider Support Call

Chapter

01

Welcome and Introductions

Please enter your
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Chapter

02

Updates & Upcoming Events

Data Breach Affects 300,000 Mental Health Clinic Patients

Largest Breach of its Kind So Far This Year

A recent data breach at a Colorado-based mental health clinic that exposed data on nearly 300,000 individuals is the latest of several in the mental health sector this year.

Colorado Springs-based AspenPoint Inc., which offers inpatient and outpatient services ranging from substance use disorder treatment to psychiatric assessments, on Nov. 19 reported the hacking incident to the U.S. Department of Health and Human Services.

The AspenPointe incident appears to be the largest breach involving a mental healthcare provider posted so far in 2020 on the HHS Office for Civil Rights' [HIPAA Breach Reporting Tool](#) website listing health data breaches affecting 500 or more individuals.

Among the other breaches reported this year that involved mental health providers are two incidents affecting a combined total of more than 62,000 individuals reported in October by [Centerstone of Indiana](#) and Centerstone of Tennessee, which are part of the same organization.

The hacking incident at AspenPointe illustrates why mental health providers need to take extra security precautions, says Susan Lucci, senior privacy and security consultant at tw-Security.

"All mental health providers should ensure that enough attention and budget is given to their IT departments to ensure the best security solutions are in place, including intrusion detection, and tighten up on endpoint security for all users," she says.

"[Endpoint](#) security is critical at a time when so many people are working remotely and treatment services are being provided remotely."

All members of the workforce need to be "informed on the latest threats to healthcare data," she adds. "This means specific content in periodic reminders that are reflective of the types of attacks that are being levied against healthcare providers."

Mental healthcare organizations and others need to limit access to sensitive data to only those with appropriate roles, Holtzman stresses.

Headspace for Healthcare Professionals

Headspace is offering all US healthcare professionals who work in public health settings **free access to Headspace Plus through 2020.**

Headspace wants to be here for you and support you as best we can. Helping you be kind to yourself, and your own health, during this difficult time.

If you are a healthcare professional, **you can redeem your subscription using your National Provider Identifier (NPI) and email address.** Or, if you are a nurse and you don't have an NPI, you can provide your organization information to verify your credentials.

For further information on how to register go to

help.headspace.com/hc/en-us/articles/360045161413-Headspace-for-Healthcare-Professionals

SUD Service Providers- SUD Expansion Program

Beginning January 2021, Health First Colorado will add residential and inpatient SUD treatment and withdrawal management services to its continuum of covered SUD services. General information about the benefit is available in the [Ensuring a Full Continuum of Substance Use Disorder \(SUD\) Benefits Frequently Asked Questions document.](#)

For up-to-date information about the implementation of the benefit, visit the [Ensuring a Full Continuum SUD Benefits web page.](#)

Public Health Emergency Extended

On Friday, Oct. 2, the HHS Secretary Azar indicated the COVID-19 Public Health Emergency (PHE) will be extended beyond Oct. 23. The new end date is expected to be Jan. 21, 2021.

For more information about PHE planning in Colorado please visit the CDHS HCPF planning site -

<https://www.colorado.gov/hcpf/phe-planning>

Add your phone to fight COVID -19

An app to help fight COVID-19 is now available for download. CO Exposure Notifications will quickly send notifications if virus exposure is likely within the last 14 days, allowing the ability to seek timely medical attention and take action to protect others.

The app is free and **does not** share personal information. Visit AddYourPhone.com to watch a short video about how it works and how to turn it on with Apple or Android devices.

Join Our Mailing List

It's easy to join our mailing list!

Just send your email address
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to **22828** to get started.



Message and data rates may apply.

Chapter

04

Questions & Open Discussion

Thank You

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