Colorado Crisis Services
Overview

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“General Contractor” for Crisis Services delivery

- Ensure appropriate resource distribution
- Ensure coverage
- Ensure appropriate scope
- Ensure compliance with state CO Crisis Services directives
- Provide behind the scenes support
- Lots of community collaboration
What regions are we responsible for?

Region 2
Region 7
Region 4
Total: 32 Counties

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What is Colorado Crisis Services (CCS)

- CCS is Colorado’s first statewide resource for mental health, substance use or emotional crisis help, information and referrals.

- CCS provides immediate and confidential help, 24/7/365 by calling 844-493-TALK (8255), or texting TALK to 38255.

- CCS services are available to all individuals, regardless of ability to pay.

- CCS takes a community collaborative system of care to treat individuals in the least restrictive means possible.
What is a Crisis?

- Self-defined

  “An individual who is experiencing an acute escalation in symptoms, distress, and/or a mental health condition, substance use, or psychological/emotional pain”

  - Suicidal, homicidal or self-injurious
  - Experiencing hallucinations, delusions
  - Intoxicated and presenting as dangerous to self or others
  - Could be experiencing significant family and or life stressors such as medical issues, divorce, loss of job, financial burdens, death of loved one, child and parent conflict, COVID, etc.
  - Gravely disabled and unable to care for oneself not otherwise due to a medical condition
Office of Behavioral Health (OBH) recognizes 4 modalities:

- Mobile crisis services
- Walk-in Centers (WIC)
- Crisis Stabilization Units (CSU)
- Respite

The Crisis Hotline is one point of entry for any of these Crisis services, and serves as an assessment, triage and referral point for callers.
Crisis System Diagram
Questions and Contact Info

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