

Thank You

Thank you for joining us, we will get started in just a few minutes to allow others to call in.

Please make sure your line is muted.

To receive the slides shared today please email
COProviderRelations@BeaconHealthOptions.com



May RAE Roundtable

What is the RAE?

The RAEs are responsible for the health and cost outcomes for members in their region, as well as:

- Developing a network of Primary Care Medical Providers (PCMPs) to serve as medical home providers for their members,
- Developing a contracted statewide network of behavioral health providers,
- Administering the Department's capitated behavioral health benefit,
- Onboarding and activating members,
- Promoting the enrolled population's health and functioning, and
- Coordinating care across disparate providers, social, educational, justice, and other community agencies to address complex member needs that span multiple agencies and jurisdictions.

NORTHEAST HEALTH PARTNERS, LLC

FQHCs:



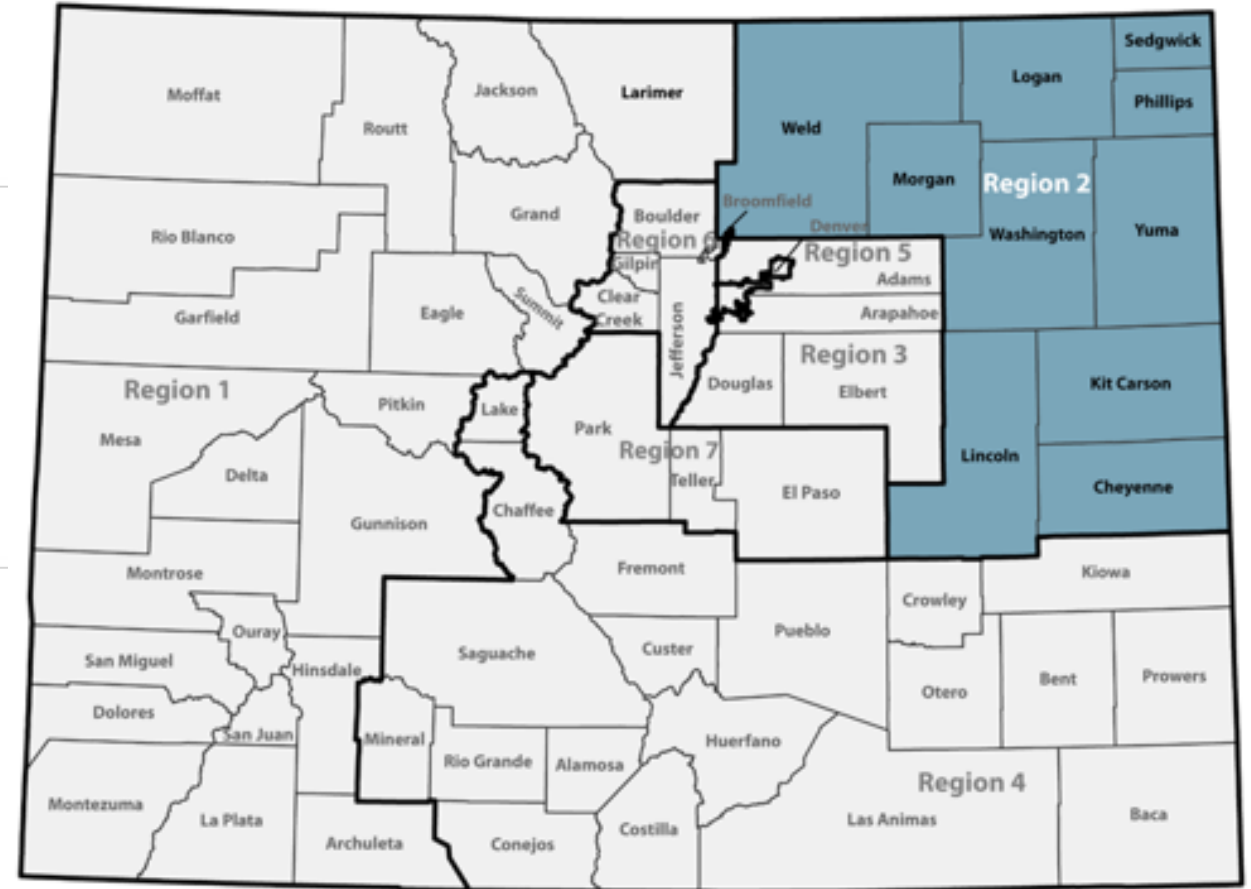
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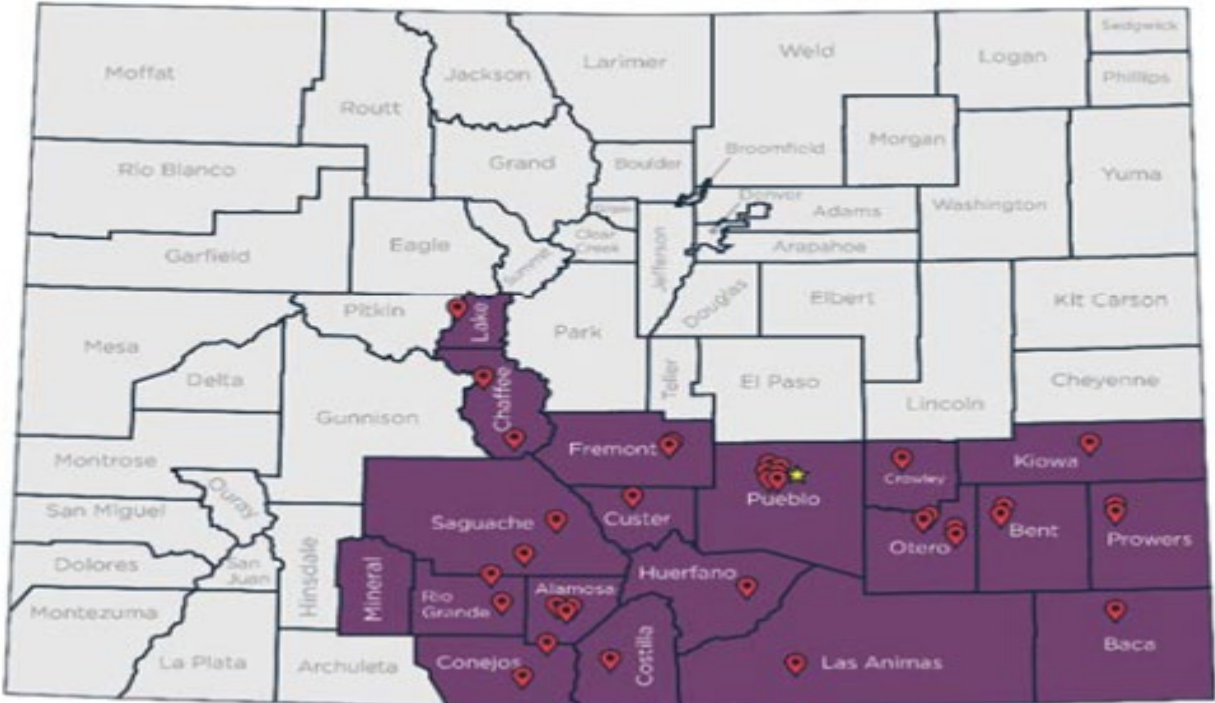
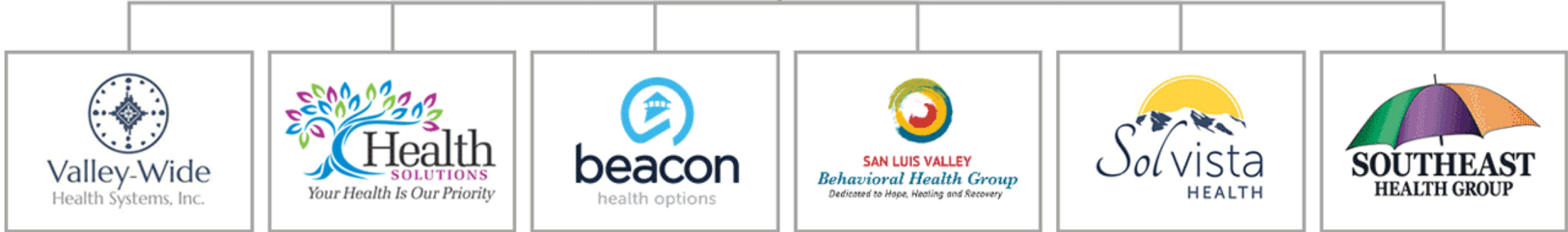


Administrative Service Organization:



Northeast Health Partners





What is a RAE Roundtable?

This is a monthly meeting where we share updates, provide information, training, and welcome your questions and discussion.

Feel free to share this invitation with colleagues who may also have an interest in attending.

Agenda

01

Welcome &
Introductions

02

Achieve Solutions

03

Children Youth Mental
Health Treatment Act
(CYMHTA)

04

Crisis Service Systems

05

Updates

06

Reminders, Questions &
Open Discussion



Chapter

01

Welcome and Introductions

Thank you for joining
the RAE Roundtable



Chapter

02

Achieve Solutions



May 13, 2022



Achieve Solutions

While people are going online to search for credible health care information, providers in turn, are using the Internet to find health and wellness articles that can supplement the treatment and recovery process for their clients.

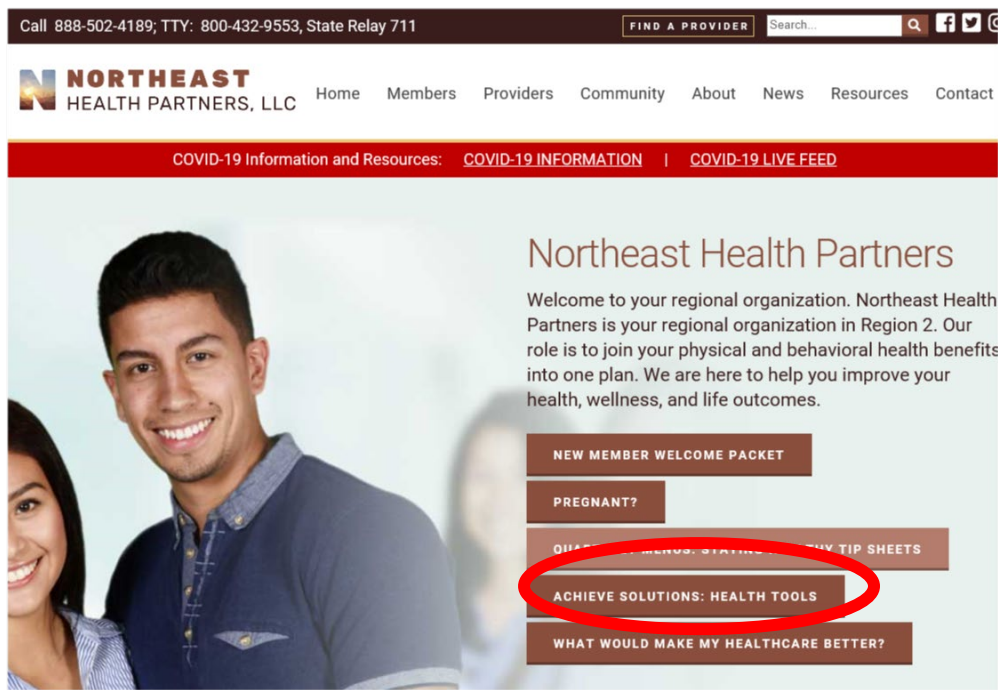
Beacon Health Options presents [Achieve Solutions](#), a continuously updated and trusted behavioral health and wellness website that you can share with your clients. The site provides thousands of articles in hundreds of topics that can help you educate your clients about:

Death of A Loved One	Depression
Emotional and Physical Abuse	Anxiety
COVID-19 and Your Mental Health	Develop Resilience
Suicide	Diversity and Cultural Awareness
Panic Disorder	Phobias



Participating Beacon Health Options providers can retrieve and print articles right off the site to share with clients during an office visit, or you can refer them directly to the site, where individuals can address their concerns in confidence. It's that convenient.

You can get to Achieve Solutions via the RAE websites. On the home page there is a button for Achieve Solutions: Health Tools





Chapter

03

Children and Youth Mental Health Treatment Act (CYMHTA)

Amy Annett

The Children and Youth Mental Health Treatment Act

Amy Annett, LPCC

CYMHTA Liaison and Clinical Care Coordinator

Beacon Health Options



May 13, 2022

CYMHTA

- The purpose of the CYMHTA program is to provide funding assistance to children who are in need of behavioral health services, but may be underinsured or uninsured
- CYMHTA is a grant-funded program; the budget is approximately 3 million dollars; these funds come from General Funds, Marijuana dollars, and Medicaid
- The goal is to help parents/guardians afford mental health treatment for their children without going into debt, while also being an alternative to child welfare involvement
- The CYMHTA program is a voluntary program; court ordered treatment is not covered

Eligibility for CYMHTA

- The youth must have private insurance or no insurance
- The youth must be under the age of 18
- Youth must not be Medicaid eligible
- There must be no other funder for treatment
- Youth must have a mental health disorder
- Family has custody (and no pending or current Dependency and Neglect case)
- Without services, the child or youth is at risk of out of home placement

Types of Services CYMHTA has covered

- In-home therapy
- Neurofeedback
- Outpatient therapy
- Applied behavioral analysis (ABA)
- Mentoring
- Medication Management
- Respite
- Family therapy
- Residential treatment
- Equine therapy
- Day treatment (will not cover the educational component)



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CYMHTA Staff

- Amy Annett, LPCC-Liason and Clinical Care Coordinator
- Allison Shew, Psy.D.-Clinical Care Coordinator
- Tina Gonzales, Ph.D.-Clinical Care Coordinator
- Stephanie Newton, LPC, RPT-Clinical Care Coordinator
- Lisa Brockmeier, LCSW-Clinical Care Coordinator
- Lindsay Bendell, LCSW-Clinical Care Coordinator

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Behavioral Health Outpatient Care Authorizations

The RAE is contracted with the Colorado Department of Health Care Policy and Financing (HCPF) to manage Health First Colorado behavioral health benefits through the Colorado Community Behavioral Health Services Program, and has delegated their utilization management programs to Beacon. HCPF will continue to manage and pay for physical health benefits. HCPF will handle appeals for a Notice of Adverse Benefit Determination related to any physical health denial.

Outpatient services which are considered "routine" do not require prior authorization. Those include the following codes: 0510, 0513, 90791, 90792, 90832, 90834, 90837, 90839, 90846, 90847, 90849, 90853, 96372, H0001, H0002, H0004, H0005, H0006, H0018, H0020, H0023, H0025, H0031-34, H0036-38, H2000, H2014-18, H2021, H2022, H2027, H2030, H2031, S9445, S9453, S9454, T1017, T1023 and all E&M codes.

Service	Requires Authorization
SUD Services	<p>Medication Assisted Treatment (MAT)</p> <ul style="list-style-type: none">no (for in-network providers) <p>Intensive Outpatient Program (IOP)</p> <ul style="list-style-type: none">yes <p>submit written initial assessment, treatment plan, and the SUD IOP Authorization Request Form (available on the RAE websites- Providers/</p>

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Chapter

04

Colorado Crisis Service Systems

Elizabeth Richards



May 13, 2022



COLORADO
Office of Behavioral Health
Department of Human Services

Colorado Crisis Services Overview

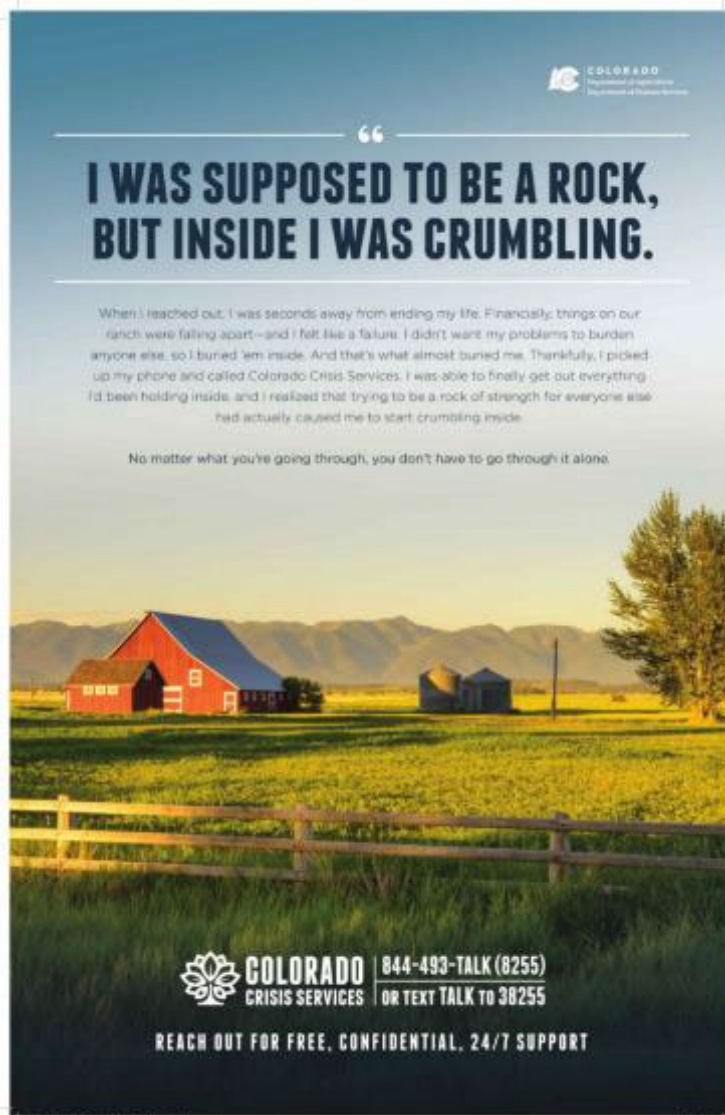
Presented by Elizabeth Richards, LCSW
Crisis Systems Program Director
Beacon Health Options



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CO Crisis Services



**I WAS SUPPOSED TO BE A ROCK,
BUT INSIDE I WAS CRUMBLING.**

When I reached out, I was seconds away from ending my life. Financially, things on our ranch were falling apart—and I felt like a failure. I didn't want my problems to burden anyone else, so I buried 'em inside. And that's what almost buried me. Thankfully, I picked up my phone and called Colorado Crisis Services. I was able to finally get out everything I'd been holding inside, and I realized that trying to be a rock of strength for everyone else had actually caused me to start crumbling inside.

No matter what you're going through, you don't have to go through it alone.

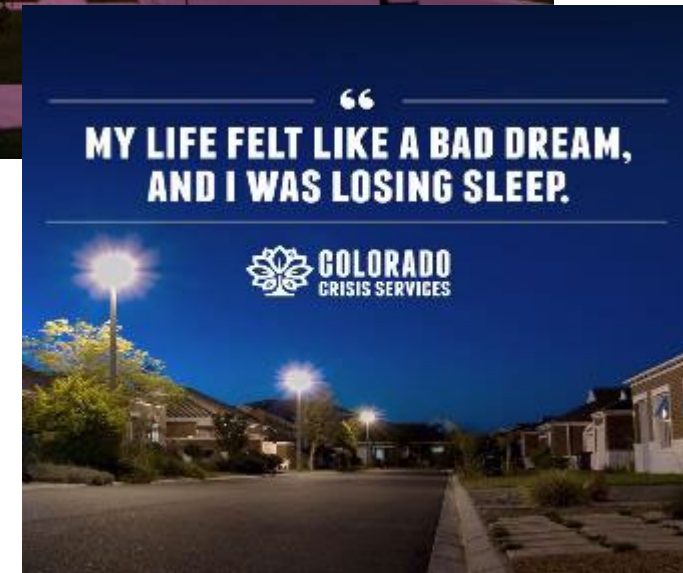
 **COLORADO**
CRISIS SERVICES | 844-493-TALK (8255)
OR TEXT TALK TO 38255

REACH OUT FOR FREE, CONFIDENTIAL, 24/7 SUPPORT




**“MY BABY WASN'T SLEEPING,
AND I WAS BREAKING.”**

 **COLORADO**
CRISIS SERVICES



**“MY LIFE FELT LIKE A BAD DREAM,
AND I WAS LOSING SLEEP.”**

 **COLORADO**
CRISIS SERVICES

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Administrative Service Organization “ASO”

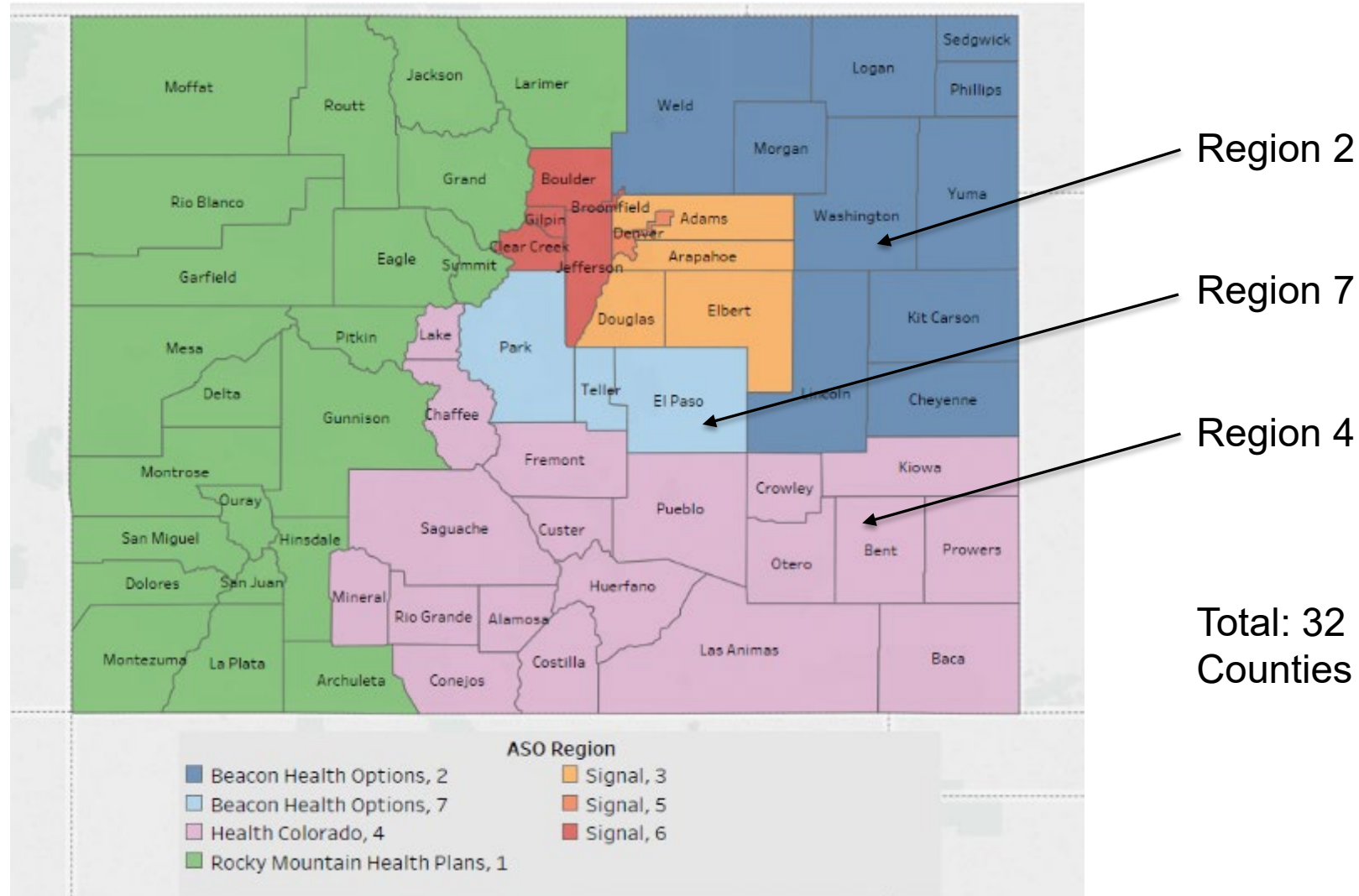
“General Contractor” for CO Crisis Services delivery

- Ensure appropriate resource distribution
- Ensure coverage
- Ensure appropriate scope
- Ensure compliance with state CO Crisis Services directives
- Provide behind the scenes support
- Lots of community collaboration



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What regions are we responsible for?



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What is Colorado Crisis Services (CCS)



- CCS is Colorado's first statewide resource for mental health, substance use or emotional crisis help, information and referrals.
- CCS provides immediate and confidential help, 24/7/365 by calling 844-493-TALK (8255), or texting TALK to 38255.
- CCS services are available to all individuals, regardless of ability to pay.
- CCS takes a community collaborative system of care to treat individuals in the least restrictive means possible.



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What is a Crisis?

- Self-defined

“An individual who is experiencing an acute escalation in symptoms, distress, and/or a mental health condition, substance use, or psychological/emotional pain”

- Suicidal, homicidal or self-injurious
- Experiencing hallucinations, delusions
- Intoxicated and presenting as dangerous to self or others
- Could be experiencing significant family and or life stressors such as medical issues, divorce, loss of job, financial burdens, death of loved one, child and parent conflict, COVID, etc.
- Gravely disabled and unable to care for oneself not otherwise due to a medical condition

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Colorado Crisis Services (CCS)

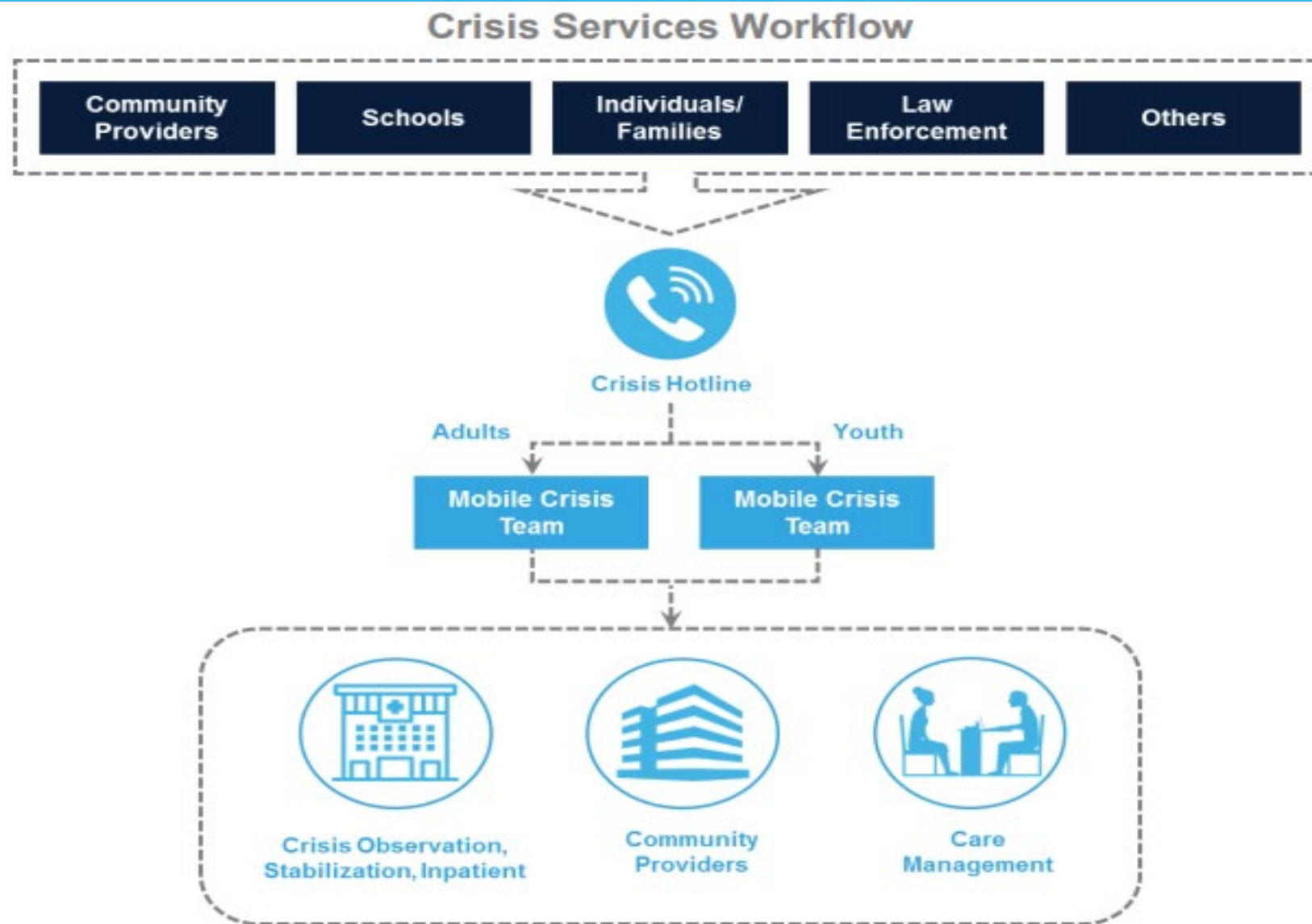


Office of Behavioral Health (OBH) recognizes 4 modalities:

- Mobile Crisis Services
- Walk-in Centers (WIC)
- Crisis Stabilization Units (CSU)
- Respite

The Crisis Hotline is one point of entry for any of these Crisis services, and serves as an assessment, triage and referral point for callers.

Crisis System Diagram



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Northeast “Region 2” CCS providers

- North Range Behavioral Health

- Mobile Crisis
- Walk-in-Center
- Crisis Stabilization Unit
- Respite



- Centennial Mental Health Center

- Mobile Crisis
- Respite



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Southern “Region 4” CCS providers

- Southeast Health Group
 - Mobile Crisis
 - Regional Assessment Center “RAC”

- Health Solutions
 - Mobile Crisis
 - Walk-in-Center
 - Crisis Stabilization Unit
 - Respite



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Southern “Region 4” CCS providers cont.

- Solvista Health

- Mobile Crisis
- Regional Assessment Center “RAC”
- Respite



- San Luis Valley Behavioral Health Group

- Mobile Crisis
- Wellness Center



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CCS for Adults

“ I WAS AFRAID OF WHAT MY FAMILY WOULD THINK. ”

When I reached out, I was on the verge of suicide. In my culture, depression is seen as something you just have to shake off or get over. For years I'd been trying to treat it on my own with will power, but it wasn't working. The woman on the phone at Colorado Crisis Services helped save me from making a really terrible mistake that night, and I'm so glad she did.

No matter what you're going through, you don't have to go through it alone.

 **COLORADO CRISIS SERVICES** | 844-493-TALK (8255) OR TEXT TALK TO 38255

REACH OUT FOR FREE, CONFIDENTIAL, 24/7 SUPPORT | COLORADOCRISISSE

“ I WAS SICK AND TIRED OF BEING DEVALUED. ”

 **COLORADO CRISIS SERVICES** | 844-493-TALK (8255) OR TEXT TALK TO 38255

FREE, CONFIDENTIAL, 24/7 COUNSELING SUPPORT

“ I FELT HOPELESS AFTER FIGHTING THE SAME FIGHT AGAIN AND AGAIN. ”

 **COLORADO CRISIS SERVICES** | 844-493-TALK (8255) OR TEXT TALK TO 38255

FREE, CONFIDENTIAL, 24/7 COUNSELING SUPPORT

OBTENGA AYUDA GRATUITA Y CONFIDENCIAL, 24/7

CONTÁCTENOS

 **COLORADO CRISIS SERVICES**

CCS for Youth (Below the Surface)

**I'M EXCITED
FOR MY
FUTURE**

but I'm afraid I'll never
get there.

Text **TALK** to **38255**

a personal, confidential
text support line

**VIDEO CHATS
ARE GREAT**

at making me miss how
things used to be.

Text **TALK** to **38255**

a personal, confidential
text support line

**I HAVE SO
MUCH FREE TIME**

to be reminded of how
lonely I am.

Text **TALK** to **38255**

a personal, confidential
text support line

**THE WORLD
FINALLY
SEES ME**

as someone I'm not.

Text **TALK** to **38255**

a personal, confidential
text support line


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Resources

As we all feel the effects of COVID and more, our phone lines are always open and our walk-in center locations are open, subject to temporary status changes related to COVID. We're here to support you with whatever you need.

All phone calls are free, confidential and professional. [Learn More](#)

1-844-493-8255 | Text "TALK" to 38255

 [Frequently Asked Questions](#) [Testimonials](#) [Youth](#) [Español](#) [TALK TO SOMEONE](#)


**WHATEVER YOU'RE GOING THROUGH,
WE'LL HELP YOU THROUGH IT.**

**Support & counseling for
yourself or a loved one.**

[TALK TO SOMEONE](#)

[CALL 1-844-493-TALK \(8255\)](#)

[SEARCH LOCATIONS](#)



- Website: <https://coloradocrisiservices.org/>
- General (adults): <https://coloradocrisiservices.org/toolkit/general-campaign/>
- Youth: <https://coloradocrisiservices.org/toolkit/youth-campaign/>

May 13, 2022

Questions and Contact Info



- Elizabeth.Richards@beaconhealthoptions.com
- Mona@healthcolorado.health (Mona Allen, for Region 4 only)

Chapter

05

Updates

Outpatient services which are considered "routine" do not require prior authorization. Those include the following codes: 0510, 0513, 90791, 90792, 90832, 90834, 90837, 90839, 90846, 90847, 90849, 90853, 96372, H0001, H0002, H0004, H0005, H0006, H0018, H0020, H0023, H0025, H0031-34, H0036-38, H2000, H2014-18, H2021, H2022, H2027, H2030, H2031, S9445, S9453, S9454, T1017, T1023 and all E&M codes.

Service	Requires Authorization
Outpatient Mental Health	<p>Not for the first twenty-five (25) sessions (of any combination of: 90791, 90832, 90834, 90837, 90846, and 90847.</p> <p>These twenty-five (25) sessions are counted in the fiscal year (July 1- June 30)</p>
Outpatient Mental Health	<p>Sessions twenty-six (26)+ require an authorization. The provider must request additional authorization by completing the Outpatient Review Form (which can be found on the RAE websites- Providers/Provider Resources/Outpatient Review Form) and submitting a treatment plan.</p> <p>Outpatient Review Form and treatment plan should be submitted via ProviderConnect or you may fax them to: 719-538-1439; or you may call the Access to Care line.</p>

Chapter

06

Reminders, Questions & Open Discussion



Stay Up To Date

Every 2 weeks we provide a Newsletter including upcoming webinars, events, updates, and resources.

Be sure to check out the Inspire Wellness Newsletter!!

It's easy to join our mailing list!

Just send your email address by text message:

Text
BEACONHEALTH
to **22828** to get started.



Message and data rates may apply.

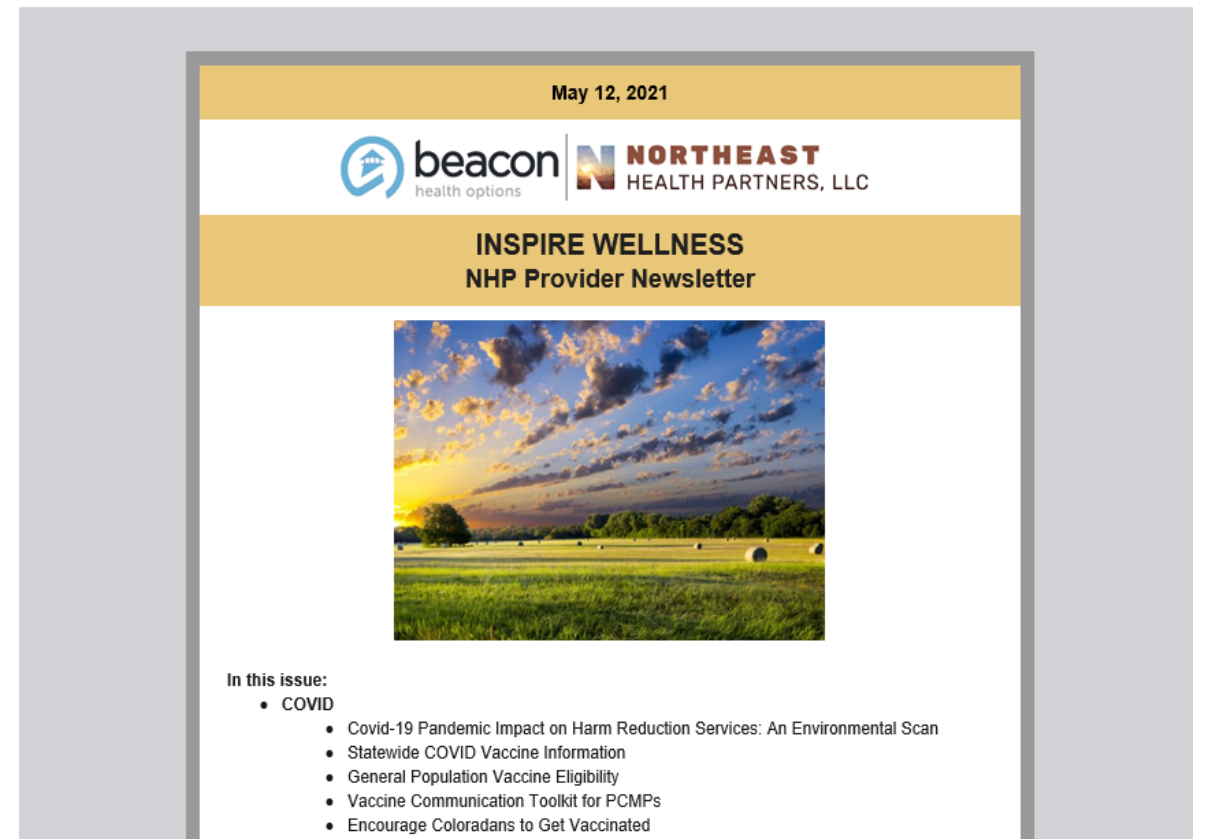


May 13, 2022

Wed 5/12/2021 7:02 AM

Beacon Health Options Provider Relations <coproviderrelations@beaconhealthoptions.com>

NHP Provider Newsletter 5.12.2021





Upcoming Trainings

**The Next RAE Roundtable – The 2nd Friday of the
month
6/10/2022 @ 11am**



Thank You

Contact Us



 888-502-4189

 www.northeasthealthpartners.org

 northeasthealthpartners@beaconhealthoptions.com

 <https://www.facebook.com/northeasthealthpartners.org/>

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