Thank You

Thank you for joining us, we will get started in just a few minutes to allow others to call in.

Please make sure your line is muted.

To receive the slides shared today please email COPProviderRelations@BeaconHealthOptions.com
May RAE Roundtable
What is the RAE?

The RAEs are responsible for the health and cost outcomes for members in their region, as well as:

• Developing a network of Primary Care Medical Providers (PCMPs) to serve as medical home providers for their members,

• Developing a contracted statewide network of behavioral health providers,

• Administering the Department’s capitated behavioral health benefit,

• Onboarding and activating members,

• Promoting the enrolled population’s health and functioning, and

• Coordinating care across disparate providers, social, educational, justice, and other community agencies to address complex member needs that span multiple agencies and jurisdictions.
FQHCs:

sunrise
COMMUNITY HEALTH

Salud
Family Health Centers
EXCELLENCE. EVERY PATIENT. EVERY TIME.

CMHCs:

CENTENNIAL
MENTAL HEALTH CENTER
Moving lives forward

NORTH RANGE
BEHAVIORAL HEALTH
Where hope begins.

Administrative Service Organization:

beacon
health options

May 13, 2022
What is a RAE Roundtable?

This is a monthly meeting where we share updates, provide information, training, and welcome your questions and discussion.

Feel free to share this invitation with colleagues who may also have an interest in attending.
Agenda

01 Welcome & Introductions
02 Achieve Solutions
03 Children Youth Mental Health Treatment Act (CYMHTA)
04 Crisis Service Systems
05 Updates
06 Reminders, Questions & Open Discussion
Chapter 01

Welcome and Introductions

Thank you for joining the RAE Roundtable
Achieve Solutions

While people are going online to search for credible health care information, providers in turn, are using the Internet to find health and wellness articles that can supplement the treatment and recovery process for their clients. Beacon Health Options presents **Achieve Solutions**, a continuously updated and trusted behavioral health and wellness website that you can share with your clients. The site provides thousands of articles in hundreds of topics that can help you educate your clients about:

<table>
<thead>
<tr>
<th>Topic</th>
<th>Topic</th>
</tr>
</thead>
<tbody>
<tr>
<td>Death of A Loved One</td>
<td>Depression</td>
</tr>
<tr>
<td>Emotional and Physical Abuse</td>
<td>Anxiety</td>
</tr>
<tr>
<td>COVID-19 and Your Mental Health</td>
<td>Develop Resilience</td>
</tr>
<tr>
<td>Suicide</td>
<td>Diversity and Cultural Awareness</td>
</tr>
<tr>
<td>Panic Disorder</td>
<td>Phobias</td>
</tr>
</tbody>
</table>
Participating Beacon Health Options providers can retrieve and print articles right off the site to share with clients during an office visit, or you can refer them directly to the site, where individuals can address their concerns in confidence. It’s that convenient.

You can get to Achieve Solutions via the RAE websites. On the home page there is a button for Achieve Solutions: Health Tools.
Chapter 03

Children and Youth Mental Health Treatment Act (CYMHTA)

Amy Annett
The Children and Youth Mental Health Treatment Act

Amy Annett, LPCC
CYMHTA Liaison and Clinical Care Coordinator
Beacon Health Options
The purpose of the CYMHTA program is to provide funding assistance to children who are in need of behavioral health services, but may be underinsured or uninsured.

CYMHTA is a grant-funded program; the budget is approximately 3 million dollars; these funds come from General Funds, Marijuana dollars, and Medicaid.

The goal is to help parents/guardians afford mental health treatment for their children without going into debt, while also being an alternative to child welfare involvement.

The CYMHTA program is a voluntary program; court ordered treatment is not covered.
Eligibility for CYMHTA

- The youth must have private insurance or no insurance
- The youth must be under the age of 18
- Youth must not be Medicaid eligible
- There must be no other funder for treatment
- Youth must have a mental health disorder
- Family has custody (and no pending or current Dependency and Neglect case)
- Without services, the child or youth is at risk of out of home placement
Types of Services CYMHTA has covered

- In-home therapy
- Neurofeedback
- Outpatient therapy
- Applied behavioral analysis (ABA)
- Mentoring
- Medication Management
- Respite
- Family therapy
- Residential treatment
- Equine therapy
- Day treatment (will not cover the educational component)
CYMHTA Staff

- Amy Annett, LPCC-Liason and Clinical Care Coordinator
- Allison Shew, Psy.D.-Clinical Care Coordinator
- Tina Gonzales, Ph.D.-Clinical Care Coordinator
- Stephanie Newton, LPC, RPT-Clinical Care Coordinator
- Lisa Brockmeier, LCSW-Clinical Care Coordinator
- Lindsay Bendell, LCSW-Clinical Care Coordinator
Behavioral Health Outpatient Care Authorizations

The RAE is contracted with the Colorado Department of Health Care Policy and Financing (HCPF) to manage Health First Colorado behavioral health benefits through the Colorado Community Behavioral Health Services Program, and has delegated their utilization management programs to Beacon. HCPF will continue to manage and pay for physical health benefits. HCPF will handle appeals for a Notice of Adverse Benefit Determination related to any physical health denial.

Outpatient services which are considered "routine" do not require prior authorization. Those include the following codes: 0510, 0513, 90791, 90792, 90832, 90834, 90837, 90839, 90846, 90847, 90849, 90853, 96372, H0001, H0002, H0004, H0005, H0006, H0018, H0020, H0023, H0025, H0031-34, H0036-38, H2000, H2014-18, H2021, H2022, H2027, H2030, H2031, S9445, S9453, S9454, T1017, T1023 and all E&M codes.

<table>
<thead>
<tr>
<th>Service</th>
<th>Requires Authorization</th>
</tr>
</thead>
<tbody>
<tr>
<td>SUD Services</td>
<td>Medication Assisted Treatment (MAT)</td>
</tr>
<tr>
<td></td>
<td>• no (for in-network providers)</td>
</tr>
<tr>
<td></td>
<td>Intensive Outpatient Program (IOP)</td>
</tr>
<tr>
<td></td>
<td>• yes</td>
</tr>
<tr>
<td></td>
<td>submit written initial assessment, treatment plan, and the SUD IOP</td>
</tr>
<tr>
<td></td>
<td>Authorization Request Form (available on the RAE websites-</td>
</tr>
<tr>
<td></td>
<td>Providers/)</td>
</tr>
</tbody>
</table>

Outpatient Care Initial Authorization
Chapter 04

Colorado Crisis Service Systems

Elizabeth Richards
Colorado Crisis Services
Overview

Presented by Elizabeth Richards, LCSW
Crisis Systems Program Director
Beacon Health Options
CO Crisis Services

I was supposed to be a rock, but inside I was crumbling. When I reached out, I was beyond the reaches of my life. Emotionally, things on our small, yet big, open, and felt like a puzzle. I didn’t want my problems to burden anyone else, so I buried them inside. And that’s exactly how I sorted. I called Colorado Crisis Services. I was able to really get out things I’d been holding inside, and I realized that trying to be a rock was wrong. For everyone else had actually caused me to start crumbling inside.

No matter what you’re going through, you don’t have to go through it alone.

May 13, 2022
“General Contractor” for CO Crisis Services delivery

- Ensure appropriate resource distribution
- Ensure coverage
- Ensure appropriate scope
- Ensure compliance with state CO Crisis Services directives
- Provide behind the scenes support
- Lots of community collaboration

Administrative Service Organization “ASO”
What regions are we responsible for?

Region 2
Region 7
Region 4

Total: 32 Counties

May 13, 2022
What is Colorado Crisis Services (CCS)

- CCS is Colorado’s first statewide resource for mental health, substance use or emotional crisis help, information and referrals.
- CCS provides immediate and confidential help, 24/7/365 by calling 844-493-TALK (8255), or texting TALK to 38255.
- CCS services are available to all individuals, regardless of ability to pay.
- CCS takes a community collaborative system of care to treat individuals in the least restrictive means possible.
What is a Crisis?

- **Self-defined**
  
  “An individual who is experiencing an acute escalation in symptoms, distress, and/or a mental health condition, substance use, or psychological/emotional pain”
  
  - Suicidal, homicidal or self-injurious
  
  - Experiencing hallucinations, delusions
  
  - Intoxicated and presenting as dangerous to self or others
  
  - Could be experiencing significant family and or life stressors such as medical issues, divorce, loss of job, financial burdens, death of loved one, child and parent conflict, COVID, etc.

  - Gravely disabled and unable to care for oneself not otherwise due to a medical condition
Colorado Crisis Services (CCS)

Office of Behavioral Health (OBH) recognizes 4 modalities:

- Mobile Crisis Services
- Walk-in Centers (WIC)
- Crisis Stabilization Units (CSU)
- Respite

The Crisis Hotline is one point of entry for any of these Crisis services, and serves as an assessment, triage and referral point for callers.
Northeast “Region 2” CCS providers

- North Range Behavioral Health
  - Mobile Crisis
  - Walk-in-Center
  - Crisis Stabilization Unit
  - Respite

- Centennial Mental Health Center
  - Mobile Crisis
  - Respite

May 13, 2022
Southern “Region 4” CCS providers

- Southeast Health Group
  - Mobile Crisis
  - Regional Assessment Center “RAC”

- Health Solutions
  - Mobile Crisis
  - Walk-in-Center
  - Crisis Stabilization Unit
  - Respite

May 13, 2022
Southern “Region 4” CCS providers cont.

- Solvista Health
  - Mobile Crisis
  - Regional Assessment Center “RAC”
  - Respite

- San Luis Valley Behavioral Health Group
  - Mobile Crisis
  - Wellness Center

May 13, 2022
CCS for Adults
CCS for Youth (Below the Surface)

I’m excited for my future, but I’m afraid I’ll never get there. 

Text TALK to 38255
a personal, confidential text support line

I have so much free time, to be reminded of how lonely I am. 

Text TALK to 38255
a personal, confidential text support line

Video chats are great at making me miss how things used to be. 

Text TALK to 38255
a personal, confidential text support line

The world finally sees me as someone I’m not. 

Text TALK to 38255
a personal, confidential text support line

May 13, 2022
Resources

- Website: [https://coloradocrisisservices.org/](https://coloradocrisisservices.org/)
- General (adults): [https://coloradocrisisservices.org/toolkit/general-campaign/](https://coloradocrisisservices.org/toolkit/general-campaign/)
- Youth: [https://coloradocrisisservices.org/toolkit/youth-campaign/](https://coloradocrisisservices.org/toolkit/youth-campaign/)

May 13, 2022
Questions and Contact Info

- Elizabeth.Richards@beaconhealthoptions.com
- Mona@healthcolorado.health (Mona Allen, for Region 4 only)
Chapter 05

Updates
Outpatient services which are considered "routine" do not require prior authorization. Those include the following codes: 0510, 0513, 90791, 90792, 90832, 90834, 90837, 90839, 90846, 90847, 90849, 90853, 96372, H0001, H0002, H0004, H0005, H0006, H0018, H0020, H0023, H0025, H0031-34, H0036-38, H2000, H2014-18, H2021, H2022, H2027, H2030, H2031, S9445, S9453, S9454, T1017, T1023 and all E&M codes.

<table>
<thead>
<tr>
<th>Service</th>
<th>Requires Authorization</th>
</tr>
</thead>
<tbody>
<tr>
<td>Outpatient Mental Health</td>
<td>Not for the first twenty-five (25) sessions (of any combination of: 90791, 90832, 90834, 90837, 90846, and 90847. These twenty-five (25) sessions are counted in the fiscal year (July 1- June 30)</td>
</tr>
<tr>
<td>Outpatient Mental Health</td>
<td>Sessions twenty-six (26)+ require an authorization. The provider must request additional authorization by completing the Outpatient Review Form (which can be found on the RAE websites-Providers/Provider Resources/Outpatient Review Form) and submitting a treatment plan. Outpatient Review Form and treatment plan should be submitted via ProviderConnect or you may fax them to: 719-538-1439; or you may call the Access to Care line.</td>
</tr>
</tbody>
</table>
Chapter 06

Reminders, Questions & Open Discussion
Stay Up To Date

Every 2 weeks we provide a Newsletter including upcoming webinars, events, updates, and resources.

Be sure to check out the Inspire Wellness newsletter!!

It's easy to join our mailing list!

Just send your email address by text message:

Text BEACONHEALTH to 22828 to get started.

Message and data rates may apply.
Upcoming Trainings

The Next RAE Roundtable – The 2\textsuperscript{nd} Friday of the month

6/10/2022 @ 11am
Thank You

Contact Us

888-502-4189
www.northeasthealthpartners.org
northeasthealthpartners@beaconhealthoptions.com
https://www.facebook.com/northeasthealthpartners.org/

888-502-4185
www.healthcoloradorae.com
healthcolorado@beaconhealthoptions.com
https://www.facebook.com/healthcoloradorae/

May 13, 2022